



KITE POWER EL GOUNA



BEACH CLUB

RESTAURANT AND BAR

At KITE POWER, you can not only push your kitesurfing limits but also enjoy delicious food from morning until evening. Our menu is crafted with healthy, light options for athletes and features a selection of the most popular dishes from around the world.

To relax and share good moments with friends or family, step into our vibrant bar. You'll find a children's corner, table football, billiards, and a cozy chill-out zone. And on selected evenings, don't miss our legendary BEACH PARTIES – come and celebrate with us!



BREAKFAST

PANCAKES 370

Homemade pancakes with your choice of toppings: fresh fruit, Nutella, maple syrup, mixed berries or ice cream.

EGG SELECTION 285

Omelette, scrambled, boiled, poached or fried eggs served with bread and a side salad.

+ add beef bacon 175

EGG CHOICE – CHEESE & VEGETABLES 315

Your choice of eggs with cheese and fresh vegetables, served with bread and side salad.

+ add beef bacon 175

HEART WARMING PORRIDGE 425

Warm oat porridge with almond milk, apples, honey and cinnamon.

Y ORIENTAL PLATTER 345

A traditional Egyptian breakfast with falafel, tahina, fowl, omelette, tomatoes, cucumber, white cheese and bread.

BREAKFAST PLATTER 455

Breakfast platter containing omelette, fresh fruit, yoghurt with granola, jam, pancakes, honey and bread.

Y TOAST WITH HUMMUS AND AVOCADO 495

Beetroot and carrot hommus topped with avocado on our homemade sour bread

AVOCADO & EGG BREAD

bread topped with avocado and eggs (*all day)

- single 465
- double 645

EGG BURRITO

395

Scrambled eggs wrapped in tortilla bread with cheese and fresh vegetables

VEGGIE BURRITO

295

Tortilla bread stuffed with mixed vegetables, avocado, and spices.

SWISS MUESLI

395

Granola mixed with fresh fruits, nuts, and yogurt.

Y FRUIT SALAD WITH YOGURT AND GRANOLA

285

A P P E T I Z E R S

Y BRUSCHETTA

235

Homemade toasted sourdough bread with virgin olive oil, tomatoes and onion.

SALMON BRUSCHETTA

695

Homemade toasted sourdough bread with olive oil, salmon, onions and tomatoes.

GARLIC MUSSELS

515

Mussels in creamy sauce with carrots, garlic and onions, served with homemade sourdough bread.

CHICKEN STRIPS

395

Tender chicken strips, served with ketchup mayo.

FRIED CALAMARI 435

Tender fried calamari with dip and zucchini.

GAMBAS PIL PIL 735

Sauteed prawns with lemon, garlic, chilli, harissa sauce and olive oil served with homemade wheat bread.

NACHOS

red beans, cheese, guacamole, jalapeno

- classic 235

- with minced beef 525

SWEET POTATO WEDGES 295

sweet potato wedges seasoned with avocado and oregano.

EDAMAME 445

Steamed young soybeans lightly seasoned with salt.

OCTOPUS CARPACCIO 555

Thinly sliced octopus, served with light seasoning and fresh dressing.

S O U P

TOM YUM SOUP 465

Shrimp, mushrooms, coconut milk, chilli, lemongrass and herbs

TOMATO SOUP 205

Warm tomato soup, served with sour cream and homemade sourdough bread.

CARROT-GINGER SOUP 255

Creamy carrot soup, ginger, served with sour cream and homemade sourdough bread.

BOWLS

VEGAN POWER BOWL 435

Lentil, sweet potatoes, chickpea, avocado, cherry tomato, carrots, red cabbage and tahini-soya sauce

SALMON POKE BOWL 695

Fresh salmon slices served with rice, fresh vegetables, and light seasoning sauce.

MEDITERRANEAN BOWL 550

Hummus purée, mixed bell peppers, tahini sauce, onions, parsley, quinoa, feta cheese, cucumber, tomato, olives, and chicken slices.

TERYAKI BOWL

Shrimp or Chicken slices with sushi rice, cucumber, avocado, carrot, red cabbage, black sesame

- with Chicken 595

- with Shrimps 750

BANG BANG BOWL

Shrimp or Chicken with sushi rice, cucumber, avocado, carrot, red cabbage, black sesame and mayo sauce.

- with Chicken 550

- with Shrimps 695

SALADS

GREEK SALAD 345

Tomato, Cucumber, Lettuce, Onions, Black Olives, Pepper Red & Yellow, Oil Olive, Cheese, Oregano.

Y **CAPRESE** 475
Tomatoes in vinaigrette, apple, buffalo cheese and balsamic, served with homemade sourdough bread.

Y **GRILLED HALOUMI SALAD WITH BEETROOT** 545
Haloumi cheese, rucola, beetroot, apples, walnuts, cherry tomatoes, carrot, white cabbage served with dressing and homemade sourdough bread.

CHICKEN SALAD 545
Marinated sizzled chicken breast, rucola, iceberg, bell pepper, cucumber, avocado, beans, sweet potato, chia seeds, cherry tomatoes, served with mango and ginger dressing.

MEDITERRANEAN SHRIMP SALAD 695
Grilled shrimps, seasonal fruits, crispy salad, bell pepper, avocado, cherry tomatoes, pumpkin seeds served with dressing and homemade sourdough bread

QUINOA SALAD
quinoa, mix of veggie, kiwi
- with grilled Salmon 895
- with Haloumi Cheese 675

Y **MIX GREEN SALAD** 195
Fresh mixed green salad with light dressing.

PASTA

Y **AGLIO E OLIO** 415
Spaghetti with notes of virgin olive oil, garlic and chili, served with parmesan.

BOLOGNESE 525

Spaghetti with premium minced meat, carrots, onions, garlic, tomatoes and basil, served with parmesan.

SHRIMP PASTA 695

Spaghetti with shrimps in white sauce, served with parmesan.

PENNE CHICKEN MUSHROOM 585

Chicken penne in creamy sauce and fresh mushrooms, parmesan.

PASTA ARRABBIATA 365

Penne served with spicy tomato sauce and herbs.

SPAGHETTI AGLIO E OLIO CON MANZO 715

Spaghetti with notes of virgin olive oil, garlic and chili, served with parmesan and slices of beef.

SEAFOOD PASTA 735

Pasta with mixed seafood in rich seafood sauce.

P I Z Z A

MARGHERITA 415

Homemade dough, tomato sauce, mozzarella and oregano.

HAWAII 495

Homemade dough, tomato sauce, mozzarella, smoked turkey breast, pineapple and oregano.

Y **MUSHROOM PIZZA** 495
homemade dough, tomato sauce, mozzarella,
mushrooms, onions and oregano.

Y **PESTO PIZZA** 450
Homemade dough, homemade basil pesto, onions,
cherry tomatoes, buffalo cheese and oregano.

TUNA PIZZA 525
Homemade dough, tuna, onion, tomato, basil.

CHICKEN BBQ 525
Homemade dough, tomato sauce, mozzarella,
chicken breast, onion, bell pepper, barbecue sauce
and oregano.

SALAMI PIZZA 525
Homemade dough, tomato sauce, mozzarella, salami
beef and oregano

SEAFOOD PIZZA 715
Homemade dough, tomato sauce, mozzarella, mix
seafood and oregano

S A N D W I C H

CLASSIC BURGER
Homemade burger bun, lettuce, cucumber, tomato,
onion, served with french fries and ketchup mayo.
- beef 595
- crispy chicken 495
+ add mushrooms 60

CRUNCHY CHICKEN WRAP 455
Crunchy chicken, iceberg, rucola, tomatoes,
cucumber and dressing, served with french fries
and ketchup mayo.

- Y FALAFEL WRAP** 295
Freshly made falafel with rucola, tomato, humus and cucumber served with french fries and ketchup mayo.
- Y THE ULTIMATE VEGAN BURGER**
Homemade burger bun with roasted seasonal vegetables, quinoa, oat, chickpeas served with fries and ketchup mayo 445
+ add cheese 60

MAIN COURSE

TERIYAKI

Sautéed premium beef filet, chicken or shrimps, garlic, broccoli, beans, sesame seeds, teriyaki sauce, yellow and red bell pepper served with basmati rice.

- with Shrimps 795
- with Beef 845
- with Chicken 645

GRILLED FISH 595

Grilled fish served with grilled vegetables, corn cob, lemon mustard sauce and basmati paprika rice.

BUTTER CHICKEN CURRY 545

Tender chicken breast in a rich, creamy sauce with tomato, onion, ginger, lemon, oriental spices, served with crispy bread and sour cream.

CHICKEN FAJITA 595

Tender chicken breast, bell pepper, onion, zucchini, mushroom, cheddar, served with tortilla, salsa and sour cream.

TACOS TRIO

645

Have a fiesta with our tacos trio with premium beef filet, tender chicken breast and shrimps. Crispy salad, cabbage, sweet peppers, onion, tomato, fresh herbs with avocado and salsa.



VEGETARIAN TACOS

415

Filled with corn, red beans, chickpea, avocado, onion, tomato, fresh herbs

QUESADILLA

Your choice of shrimp, chicken, or mixed vegetables with cheese inside warm tortilla bread.

- chicken 555
- shrimp 695
- veggie 345

CHICKEN CURRY

545

Tender chicken, mix of veggie in creamy curry with steamed rice.



VEGGIE CURRY

495

Creamy curry with chick peas, bell pepper, zucchini, mushroom, onion, rice, coconut milk.

GRILL CHICKEN BREAST

565

Served with white rice, seasonal vegetable and gravy sauce.

STEAK SIZZLER

945

Beef fillet slices served with your choice of mushroom sauce or pepper sauce and your choice of side: grilled vegetables, rice, french fries, or mixed salad.

PORTUGUESE OCTOPUS

625

Tender octopus cooked with garlic, thyme, onions, olives, mushrooms and diced potatoes.

MIXED GRILL

945

Grilled meat selection served with your choice of mushroom sauce, tahini or pepper sauce, and your choice of side: grilled vegetables, rice, french fries, or mixed salad.

GRILLED SALMON

925

Fresh grilled salmon with your choice of lemon butter sauce or creamy spinach sauce, served with grilled vegetables and your choice of rice, French fries or salad.

GRILLED SEAFOOD MIX

1195

Mixed grilled seafood served with lemon butter sauce and your choice of grilled vegetables, rice, french fries or salad.

KIDS MENU

PANCAKES

265

Homemade pancakes with toppings of your choice: Fresh fruit or chocolate sauce or caramel sauce.

FRENCH FRIES

175

French fries of fresh potato, served with ketchup.

CHICKEN STRIPS

265

Tender chicken strips, served with ketchup mayo.

BOLOGNESE

345

Spaghetti with premium minced meat, carrots, onions, garlic, tomatoes and basil, served with parmesan.

H O M E M A D E D E S S E R T S

CHEESECAKE 235

Lotus crust with filling of rich cream cheese mixture, added seasonal topping and flavors

CARROT CAKE 265

Rich carrot cake with cinnamon and a touch of walnuts with cream cheese/lemon spread.

FRUIT PLATE 245

A selection of seasonal fresh fruit.

S M O O T H I E B O W L S

MANGO&BANANA BOWL 335

Banana, Mango, mixed with turmeric and coconut milk.

BERRY BOWL 335

Strawberry, banana, with acai and coconut milk.

MATCHA BOWL 395

Banana, mango, matcha, almond milk and honey.

I C E C R E A M

ONE SCOOP 95

choose your topping: chocolate sauce, fruit, sprinkles

MILKSHAKES

Banana, Strawberry, Chocolate, Mango	160
Orion shake	265
Snickers shake	265
Twix shake	265

JUICES AND MOCKTAILS

Juices (apple, orange, pineapple)	90
Fresh Orange, Mango, Strawberry, Lemon Mint	135
Hibiscus Cold Lemonade	125
Ginger Lemonade	165
Virgin Pina Colada	165
Virgin Mojito	165
Build Your Own Fresh Juice	195
<i>Create your own fresh juice from apple, orange, carrot, beetroot, lemon, ginger. etc...</i>	

SMOOTHIES

Kitepower Green	265
<i>Date, banana, spinach, apple, cucumber, rocket, parsley & matcha</i>	
Power Protein	345
<i>Dates, banana, cashew, cacao, peanut butter, protein and oat milk</i>	
Vitamin C Booster	225
<i>Carrots, Oranges, Lemon, Ginger</i>	
Green Vibes	225
<i>Celery, Lemon, Ginger, Apple, Cucumber, Spinach</i>	
Detox	195
<i>Beetroot, Orange, Carrots, Ginger</i>	

Banana Oat Bliss	235
<i>Banana, Oat, Peanut butter, Cinnamon, Cacao, Honey, Coconut Milk</i>	
Mango Chiller	255
<i>Mango, Pineapple, Coconut Milk, Lemon</i>	
Carrot Delight	225
<i>Carrot, Apple, Ginger</i>	
Blueberry Breeze	255
<i>Blueberry, Mango, Mint, Oat Milk</i>	
Avocado Smoothie	295
<i>Avocado, banana, green apple, oat milk, maca and chia seeds.</i>	
Strawberry with Basil	225
<i>Strawberry, Basil leaves</i>	
Pineapple 'n Banana	195
<i>Pineapple, Banana</i>	

C O L D D R I N K S

Small Water	40
Large Water	60
Small Detox Water	95
Large Detox Water	175
Soft Drinks	80
(Fanta, Cola, Sprite, Tonic, Soda)	
RedBull	195
Homemade Ice Tea	100
Ice Coffee	195
Frappé	205
Spanish Latte	225
Cold Brew	195
Iced Americano	175

HOT DRINKS

Tea (Black, Green, Fruit)	95
Espresso	120
Double Espresso	150
Americano	165
Cappuccino	175
Cafe Latte	175
Cortado	175
Flat White	175
Fresh Mint and Ginger Tea	120
Turkish Coffee single	120
Turkish Coffee double	155
Hot Chocolate	115
Matcha Latte Iced or Hot	250

COOL BEERS

Draught beer	
0,4l	170
0,3l	140
Stella, Sakara, Heineken	180
Desperados	195
Birrel, non alcoholic beer	105

SPIRITS

Vodka, Gin, Tequila, Rum, Whisky	195
Butlers, Gin Lemon	185

WINE

WHITE

Beausoleil <i>Bannati</i>	Glass 285	Bottle 1150
Omar Khayyam <i>Sultanine Blanche</i>		Bottle 750
Jardin Du Nile <i>Vermentino, Viognier</i>		Bottle 1200
XO <i>Chardonnay, Vermentino</i>		Bottle 925
Nala <i>Chardonnay, Sauvignon-Blanc</i>		Bottle 1650
White wine spritzer <i>Beausoleil and soda</i>	Glass 400	
White Sangria <i>Rum, White wine and fruits</i>	Glass 460	$\frac{1}{2}$ Jug 890 Jug 1450

ROSÉ

Beausoleil <i>Merlot</i>	Glass 285	Bottle 1150
Omar Kayyam <i>Sultanine Blanche, Bobal</i>		Bottle 750
Rose Sangria <i>Gin, Rose wine and fruits</i>	Glass 460	$\frac{1}{2}$ Jug 890 Jug 1450

RED

Beausoleil <i>Cabernet-Sauvignon</i>	Glass 285	Bottle 1150
XO <i>Merlot, Cabernet Sauvignon</i>		Bottle 925
Chateau de Grandville <i>Merlot, Cabernet Sauvignon</i>		Bottle 1650
Nala <i>Pinotage, Shiraz</i>		Bottle 1650
Red Sangria <i>Vodka, Red wine and fruits</i>	Glass 460	$\frac{1}{2}$ Jug 890 Jug 1450

SPARKLING WINE

Le Baron	Bottle 2350
White/Rosé	
La Vita Prosecco	Bottle 1200
White/Rosé	

COCKTAILS

KITEPOWER SIGNATURES

The Nice Lady	385
<i>Rum, Cream and milk, Strawberry, French vanilla</i>	
Rock the wave	385
<i>Whiskey, Elderflower, Coconut syrup, Lemon</i>	
Hibiscus Margarita	385
<i>Tequila, Hibiscus, Lemon, Orange, Orange liqueur</i>	
The Hot One	385
<i>Rum, Ginger, Lemon, Strawberry, Tabasco</i>	
Summer Vibes	385
<i>Vodka, Watermelon OR Mango, Passion Fruit, Lemon</i>	
The Blue Pearl	385
<i>Vodka, Blue Curacao, Orange liqueur, Lemon</i>	
Fall in love	385
<i>Gin, Elderflower, Lemon, Orange, Grenadine Syrup</i>	
My Thyme	385
<i>Rum,Thyme, Lemon, orange liqueur, Sugar Syrup</i>	

RUM COCKTAILS

Queens Park Swizzle	385
<i>Rum, Lime juice, Simple Syrup, Bitters, Mint Leaves</i>	
Coconut Pineapple Mojito	385
<i>Rum, Pineapple juice, Lemon, Coconut Syrup, Mint, Simple Syrup</i>	

GIN COCKTAILS

Basil Smash	385
<i>Gin, Basil, Lemon, Simple Syrup</i>	
Negroni	495
<i>Gin, Red bitter, Homemade Sweet vermouth</i>	

VODKA COCKTAILS

Passion Fruit Martini	385
<i>Vodka, Passion Fruit, Lemon, French vanilla</i>	
Espresso Martini	385
<i>Vodka, Espresso, Coffee liqueur, Simple syrup</i>	
Amaretto Sour	385
<i>Vodka Housemade Amaretto, Lemon, Orange</i>	
Bloody Mary	385
<i>Vodka, Tomato, Orange, Lemon, Tabasco, Worcestershire</i>	

TEQUILA COCKTAILS

Tequila Sour	385
<i>Tequila, Lemon, Lime, Simple syrup, Bitters, Egg white</i>	

WHISKEY COCKTAILS

Whiskey Sour	385
<i>Whiskey, Lemon, Sugar, Simple syrup, Egg white</i>	
Lynchburg Lemonade	385
<i>Whiskey, Triple sec, Lemon, Sprite</i>	

INTL. COCKTAILS 350

Mojito, Caipirinha, Moscow Mule, Pina Colada, Sex on the beach, Margarita, Tequila Sunrise, Long Island Ice Tea, Mai Tai etc.

* some veggie and fruits are seasonal & the secret ingredient is always love.

All prices in EGP including 14% VAT.

 Vegetarian Food.



“KITEBOARDING IS NOT JUST OUR JOB, IT’S
OUR LIFE”

